Assisted Living Facility Residents have the right to:

- Be treated with respect and dignity;
- Privacy;
- Be free from physical or chemical restraints not required to treat the resident's medical symptoms. No chemical or physical restraints will be used except by order of a physician;
- Not be isolated or kept apart from other residents;
- Not be physically, psychologically, sexually, or verbally abused, humiliated, intimidated, or punished;
- Live free from involuntary confinement or financial exploitation;
- Full use of the facility's common areas;
- Voice grievances and recommend changes in policies and services;
- Communicate privately, including, but not limited to, communicating by mail or telephone with anyone;
- Reasonable use of the telephone, which includes access to operator assistance for placing collect telephone calls;
- Have visitors, including the right to privacy during such visits;
- Make visits outside the facility. The facility manager and the resident shall share responsibility for communicating with respect to the scheduling of such visits;

- Make decisions and choices in the management of personal affairs, assistance plans, funds, or property;
 - Including choice in home health agencies, pharmacies, personal care providers and any other private pay provider;
- Expect the cooperation of the provider in achieving the maximum degree of benefit from those services which are made available by the facility;
- Exercise choice in attending and participating in religious activities;
- Reimbursed at an appropriate rate for work
 performed on the premises for the benefit of the
 operator, staff, or other residents, in accordance with
 the resident's assistance plan;
- Informed by the facility thirty days in advance of changes in services or charges;
- Have advocates visit, including members of community organizations whose purposes include rendering assistance to the residents;
- Wear clothing of choice unless otherwise indicated in the resident's plan, and in accordance with a reasonable dress code;
- Participate in social activities, in accordance with the assistance plan; and
- Examine survey results.

Lindsay Hruby State Long Term Care Ombudsman

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Analyn Reader Lead Regional Ombudsman Email: analyn.reader@wyo.gov

Counties: Big Horn, Washakie, Park, Hot Springs, Fremont, Sublette, Lincoln, Teton

> Phone: (307)856-6880 or (800)856-4398 Fax: (307)857-6668

Lee Alter Regional Ombudsman

Email: lee.alter@wyo.gov Counties: Sheridan, Johnson, Campbell, Crook, Weston, Natrona, Platte

Phone: (307)235-5959 or (877)634-1006 Fax: 1-307-237-3450

Patricia Hall Regional Ombudsman

Email: patricia.hall@wyo.gov

Counties: Laramie, Goshen, Niobrara, Converse, Albany, Carbon, Sweetwater, Uinta

Phone: (307)634-1010 or (877)634-1005 Fax: (307)634-6097

Learn more about the Program online:

https://health.wyo.gov/admin/long-term-care-ombudsman-program/

Or Call (800)856-4398

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Assisted Living Facility Resident's Rights

Know your rights!